

336 HOURS

RACHEL
CATHAN

Key selling points

- Based on the author's true life experiences, *336 Hours* is a humorous and poignant diary about one woman's quest to be a mother.
- This candid account of the two-week wait is a must-read for all men and women facing the daily struggle of coping with infertility.
- Helping to raise awareness, *336 Hours* has been adapted from the author's own experiences of IVF.

About the book

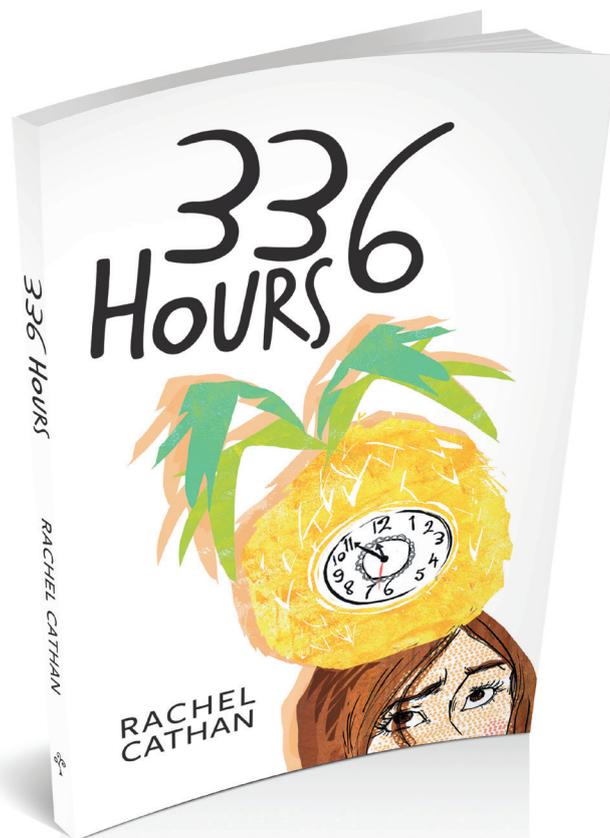
The next 336 hours will be tough. No, the next 336 hours will be really tough...

I feel like an Olympian, waiting to see whether the years of hard work, sacrifice and dedication are finally going to pay off, or whether my body is about to fail me at the last hurdle and make me wonder why I ever hoped I could win.

My best friend is pregnant, my single friends are planning their pregnancies and, after five long years of tests and investigations, I'm coming to the end of my third – and supposedly final – IVF treatment. There are 336 hours to survive before I'll know if I get to join the motherhood club. That's 224 waking hours of pure psychological torture. 112 sleeping hours to stare at the ceiling and wonder, what the hell am I going to do with my life if it turns out I can't have kids?

About the author

Rachel Cathan is a writer from Bedfordshire. Throughout years of fertility investigations and failed treatments, Rachel kept a diary of her experiences, and it's from these first-hand encounters in the world of infertility and IVF that her first book, *336 Hours* has been adapted.



A humorous and poignant
diary about one woman's
quest to be a mother

Book information

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