

BRISTOL SADHU

VINCENT RYMER

VOLUME ONE

Reveries of an opti-mystic artist,
awakened in dreaming



Poetry encapsulates life for me, cloaked in all its seasonal colours, forms and cadences. I am primarily a spiritual-hedonistic-sensualist-aesthete, protagonist, pragmatist and dreamer, questing with passion, but with no destination.

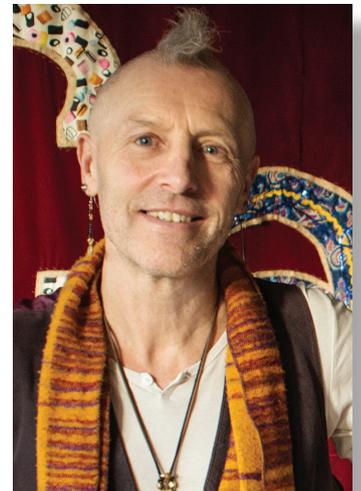
I hope my words, portraying observations, experiences and imaginative insights into eroticism, spirituality, culture and cosmic 'play-full-ness', will touch you. Touch you below the surface of your skin! Touch the pulse that enlivens your heart and thus ignites you enough...to create a cathartic and catalytic sparking. Creating a YES that is celebratory, affirmative, emancipatory and liberating. Awakening you to the infinite pleasures that constitute the craz-zany-ness of being alive in a chameleon world, DANCING ON PIANO KEYS!

About the Author

I lived and was schooled in Hull, qualifying as a physical educationalist and later studying Art to MA level. I led an Arts faculty in Cornwall, and was Head of Art/Technology. I was also Art Advisor to Cornwall County Council.

I have travelled extensively; cycled around Europe, worked on a Kibbutz in Israel, and undertook the 'hippie trail' overland to Nepal, as well as embarking on numerous South East Asian journeys.

Since arriving in Bristol four years ago, I have written daily. I am inspired by Buddhist, Zen and Taoist philosophy and practice. I continue to paint and have exhibited for over 25 years, and my work is in private collections across the world. Currently I paint in a studio in central Bristol and follow my other passions: playing guitar, dancing to trance music, and table tennis!



Title	<i>Bristol Sadhu</i>
Author	Vincent Rymer
ISBN	978-1-78132-524-7 (paperback)
RRP	£9.99 (paperback)
	203 x 127mm

Bookseller and library discounts available

Published by SilverWood Books

Available to order from bookshops, online retailers, and directly from the publisher

