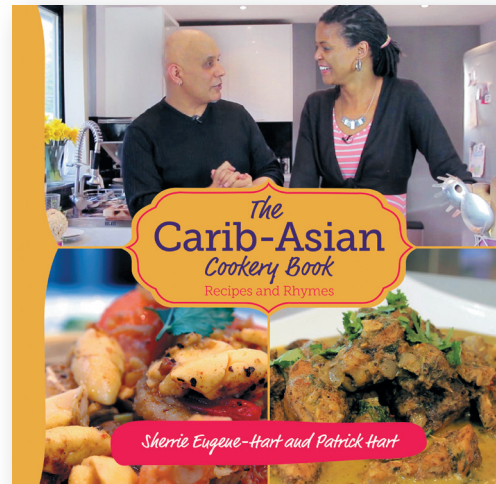


The Carib-Asian Cookery Book

Recipes and Rhymes

Sherrie Eugene-Hart and Patrick Hart



Key selling points

- A unique fusion of Caribbean and Indian cuisine.
- *The Carib-Asian Cookery Show* has attracted over 1.4 million viewers from across the UK.
- Sherrie Eugene-Hart and Patrick Hart are West Country icons.

About the book

Pat Hart and Sherrie Eugene-Hart have a passion for food and they want to share it with you. Hailing from India and the West Indies respectively, this husband-and-wife duo's culinary influences reach far and wide. They invite you to try the Carib-Asian concept and cook up some stunning recipes.

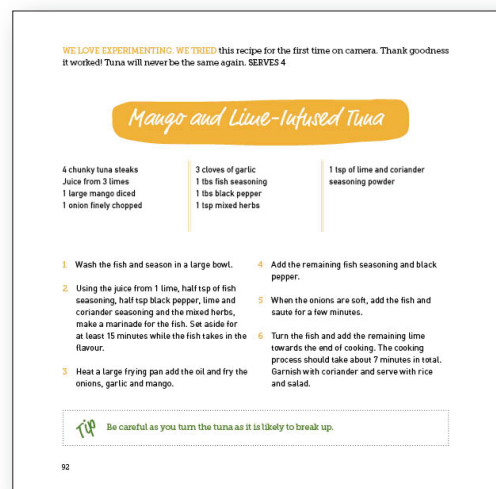
Pat and Sherrie love the heat, they love the kitchen and, when all's said and done, they love each another. They hope you'll love your Carib-Asian experience.

About the authors

Bristol-born Sherrie Eugene-Hart has enjoyed over 30 years of broadcasting. She started with HTV Bristol as the sign-language interpreter for deaf viewers and went on to present everything from sport to current affairs, human interest to community interest and children's to cookery. The award winning presenter eventually anchored the nightly flagship news programme *HTV News*.

The Carib-Asian concept was born when Sherrie married musician, music producer and broadcaster Patrick, whose parents hail from India. Patrick is currently living his passion as CEO of multi award-winning radio station BCfm.

Patrick and Sherrie are fusing Caribbean and Asian cuisine in their own inimitable style, bringing this brand new concept to our screens and now through the pages of this book.



Book information

Publication Date	5 December 2016
ISBN	978-1-78132-619-0
Images	95
Dimensions	216 x 216mm
Extent	144 pages
RRP	£20
BIC	WBB
Rights	Worldwide

Bookseller and library discounts available
Published by SilverWood Books
Available to order from Central Books



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